

# **FIRST AID & EMERGENCY PREPAREDNESS** **MERIT BADGE WORKSHOP**

**March 1, 2008**

**2nd Congregational Church on the Green in Derby**

**First Aid 8:00 to 11:30 a.m.**

**Emergency Preparedness 12:00 to 4:00 p.m.**

***Books must be obtained Prior to Class and Reviewed***

## **First Aid Pre-requisites:**

1. Satisfactorily completed all first aid requirements for Tenderfoot, Second Class, and First Class ranks.
- 2b. Prepare and bring with you a first aid kit for your home. Display and discuss its contents with your counselor.
7. Prepare a presentation to teach another Scout a first-aid skill selected from one of the following:
  - 1 Explain what action you should take for someone who shows signs of a heart attack.
  - 2 Steps that need to be taken for someone suffering from a severe laceration on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.
  - 3 Explain the symptoms of heatstroke and what action needs to be taken for first aid and for prevention.
  - 4 Describe the signs of a broken bone. Show first aid procedures for handling fractures, including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials

## **Emergency Preparedness Pre-requisites:**

1. Earn the First Aid Merit Badge.
- 2b. Make a chart that demonstrates your understanding of each of the three aspects of emergency preparedness in requirement 2a (recognition, prevention, and reaction) with regard to the 10 situations listed below:
  1. Home kitchen fire
  2. Home basement/storage room/garage fire
  3. Explosion in the home
  4. Automobile accident
  5. Food-borne disease (food poisoning)
  6. Fire or explosion in a public place
  7. Vehicle trapped in a blizzard
  8. Gas leak in a building
  9. Tornado or hurricane
  10. Major flood
- 2c. Meet with and teach your family how to recognize, prevent, and react to the situations on the chart you created for requirement 2b. Then meet with your counselor and report on your family meeting, discussing their responses.
- 6c. Find out who is your community's disaster/emergency response coordinator and learn what this person does to recognize, prevent and respond to emergency situations in your community. Discuss this information with your counselor and apply what you discover to the chart you created for requirement 2b.
7. Take part in an emergency service project, either a real one or a practice drill, with a Scouting unit or a community agency. **(Bring documentation from you unit leader that you participated in the Disaster Drill held at Housatonic Council's Spring Camporee).**

8. Do the following:

- a. Prepare a written plan for mobilizing your troop when needed to do emergency service. If there is already a plan, explain it. Tell your part in making it work.
- b. Take part in at least one troop mobilization. Before the exercise, describe your part to your counselor. Afterward, conduct an "after-action" lesson, discussing what you learned during the exercise that required changes or adjustments to the plan. **(a and b were done at Housatonic Council's 2007 Spring Camporee bring documentation from you unit leader that you participated).**
- c. Prepare a personal emergency service pack for a mobilization call. Prepare a family kit (suitcase or waterproof box) for use by your family in case an emergency evacuation is needed. Explain the needs and uses of the contents.

9. Review or develop a plan of escape for your family in case of fire in your home.

**Registration Deadline 2/26/2008.**

**The cost per session is 5.00 or 10.00 for the entire day.  
Scouts attending both sessions will receive a pizza lunch.**

**Please bring blue card signed by unit leader to the workshops.**

**Please REGISTER with Mark Neuendorf at  
922-1784 or [emptprt@snet.net](mailto:emptprt@snet.net).  
Feel free to also contact him for more information.**